

let's get practical

The Nimue
Conditioner is not a
toner. It conditions the
skin and promotes skin
health restoration. It
can be seen as a
treatment for the skin.

What is the correct way to use Nimue's Conditioner?

If the skin is going through an intense transitional period, it is recommended that you stop using the Conditioner and then slowly reintroduce it to the skin again in order to give it a chance to adjust.

The Conditioner comes in a refillable bottle that makes use of a spray applicator. Never spray the product directly onto the skin or onto hands and then apply. This is because we want to avoid contact with the eyes and we will get better exfoliation effects with the gauze when used correctly. The correct method also allows for an even distribution of the Conditioner to the skin.

We spray 3 sprays of the Nimue Conditioner onto dry or damp gauze (damp for sensitive skins) and wipe over the skin. Use day and night after cleansing. Avoid contact with the eyes.

Why do we use gauze and not cotton wool?
We use gauze to assist with the natural exfoliation processes.

