

Massage Oil

Relaxing Oil

Pampering Line

Massage Oil is a blend of organic grape seed oil with essential oils of lavender and rosemary.

It relieves muscular stiffness and induces relaxation.



Size: Retail 200mL/Salon 500 mL

About

Key Ingredients

Organic grape seed oil.

Brings essential fatty acids, which protects and softens the epidermis.

Pure rosemary and lavender essential oils.

Relieve muscular stiffness and induce relaxation.

Actions

Massage Oil relieves muscular stiffness, eases aches and induces relaxation.

It renders the skin soft and supple.

Use

Conditions

All skin types but very beneficial for dehydrated dry skin and to slowdown the skin ageing process.

Home Use

As required after a bath or a shower

Can be used at any time to soften the skin or as part of any relaxation session.

Recommended after sun-bathing.

Salon Use

Massage Oil is used to perform any kind of therapeutic massage that uses effleurage and drainage techniques.

Massage - Effleurage/Drainage

Massage techniques have been used for centuries to relax muscles, soften tissues and relieve pain and, in physiotherapy, to treat various types of injury.

They are essentially a sequence of hand movements applied with varying pressure.

Rather than massage, Gernétic use the “effleurages/drainages” method.

This consists of gentle stroking movements working from the soles of the feet up to the heart, that are designed to promote circulation and lymphatic drainage.

This technique creates a symbiosis between the energy of the technician and that of the patient. The aim is to encourage absorption of the nutritional active ingredients found in all Gernétic products.

This deep biological action helps to address the body’s internal deficiencies so that the external appearance can enjoy a process of rejuvenation and embellishment.

Effleurages-drainages also induce a state of total relaxation and well being for the client.