

SKIN CONDITIONS

Diffuse Redness, Congestion, Couperose





CONGESTED COUPEROSE SKIN

Skin Conditions

4 Diffuse Redness, Congestion, Couperose

Products

5 Synchro - *Regenerating Cream*

6 Cytobi - *Regenerating Soothing Cream*

7 Veinulo Special Plus - *Capillary Concentrate*

8 Vasco - *Decongesting Cream*

Care

9 Capillaries Rejuvenation Salon Treatment

10 Home Program

Diffuse Redness, Congestion, Couperose

Poor elasticity of capillary walls, congestion and couperose

A dense network of capillaries located at the dermis level forms the micro-circulation.

The capillaries control the cutaneous blood flow in response to the body thermo-regulation and the transportation of waste, nutrients and oxygen.

Capillaries are only one epithelial cell thick, so they are very thin and fragile.

Exchanges of fluid, nutrients and wastes between the blood and tissues occur through the capillaries' walls.

Congestion and diffuse redness can be due to emotional stress, heat and extreme cold conditions or to an impaired acid mantle.

Capillaries fragility and couperose can be the result of a poor diet in essential fatty acids and others essential nutrients such as amino acids, vitamins B3 or PP and E.

The result is thin and transparent capillaries with a poor elasticity, which can cause congestion.

If an inflammation takes place and the skin immunity is poor, rosacea can develop.

Gernétic's approach to skin redness

Products	Ingredients	Actions
To restore the acid mantle and repair the epidermis		
Synchro	Biological compounds rich in amino acids glutamine, arginine and lysine, trace elements potassium and magnesium and essential fatty acids.	Regenerate the basal cells. Healing properties. Restore skin's natural defence system.
To reduce inflammation		
Cytobi	A synergy of 5 biological compounds containing nearly all the essential amino acids, proteins, vitamins, and trace elements absolutely essential for a well-nourished skin.	Alleviates a number of skin problems. Healing, anti-inflammatory, protecting, soothing.
To enhance repair of capillary walls, to decongest and induce better blood flow		
Veinulo Special Plus	Vitamins B3 or PP and E. One bio filtrate containing small peptide fragments and one filtrate rich in cellular growth factor. An expertly balanced mix of 8 essential amino acids.	Anti-oxidant. Maintains the structural integrity of the capillaries tissues. Acts against capillaries fragility.
To reduce diffused redness and couperose		
Vasco	Phytostimulines from camomile, St John's wort, coltsfoot, sage and althea. One biological compound with glycine and vitamins B3 or PP and E.	Allow a better vascularisation of the capillaries. Decongesting, soothing, anti-inflammatory, healing and antiseptic.

Synchro *Regenerating Cream* Retail 30 mL 50 mL - Salon 250 mL

Actions

Synchro is the most important formula of the Gernétic range.
It balances skin's function: oiliness as well as dryness are normalized.
It regenerates the epidermis cells and keeps a healthy cell turnover.
Synchro has unrivalled anti-inflammatory, antibacterial, regenerating and healing capabilities.
Synchro was originally developed for skin burns.

Key Ingredients

Biological compounds rich in glutamine, arginine and lysine and in potassium and magnesium.

Regenerate the basal cells of the epidermis.
Healing properties.
Regulate the skin's functions and restore its natural defence system.

Vitamins A, C, E, H and B complex.

Bring essential nutrients that improves the skin's functions. Anti-oxidants.

Calendula and sweet almond oils rich in essential fatty acids.

Alleviate a number of skin problems.
Healing, anti-inflammatory, antiseptic, antibacterial and anti-fungal.

Hypericum oil.

Antimicrobial, skin protecting.

White beeswax.

Emollient.

Salon Use

Step # 5 of Skin Care Treatment

Synchro is used for all face treatments.
Use Synchro as your massaging cream and leave it on under the mask.

Skin Conditions

Synchro is suitable for all skin types and all ages.

Synchro is part of every skin program.

Synchro can be used alone or in conjunction with any other cream.

Synchro is not only used on the face but can also be used on the bust, body, hands and scalp in case of fresh scars or skin inflammations.

Home Use

Morning and Evening

Synchro is to be used in very small quantities.

It should be applied all over the face, neck and eye area.

Any specific cream can be used in conjunction with Synchro.

At night Synchro can be followed with the application of Nucléa or Cytobi.

Cytobi *Regenerating Soothing Cream* Retail 30 mL - Salon 150 mL

Actions

Cytobi is a very efficient complement to Synchro for all sensitive or inflamed skins thanks to its rejuvenating and calming actions.

Cytobi induces tissues regeneration and revitalization. It has anti-inflammatory, healing and calming properties.

Its regenerating action slows down the ageing process and keeps the skin healthy.

Cytobi is ideal for rapidly heal fresh scars on the face or body.

Key Ingredients

A synergy of 5 biological compounds that contain nearly all the essential amino-acids, proteins, vitamins and trace elements that are absolutely essential for a healthy skin.

Amino acids: methionine, glycine, valine, isoleucine, proline, lysine, serine, leucine, threonine, alanine, cysteine, glutamine, arginine, histidine and tyrosine.

Trace elements: zinc, cobalt, manganese, iron, copper, magnesium and potassium.

Vitamins: A, C, E, H and B complex.

Keep skin healthy by providing a synergy of super nutrition.

Induce tissues regeneration and revitalization.

Anti-inflammatory, healing and calming.

Calendula oil rich in essential fatty acids.

Alleviates numerous skin problems.

Healing, anti-inflammatory, antiseptic, antibacterial and anti-fungal.

Hypericum oil.

Antimicrobial, skin protecting action.

Salon Use

Step #6 of Skin Care Treatment

Cytobi is applied by light massage on top of other specific creams, in case of fine, sensitive, dry, dehydrated, ageing and reactive skin.

Skin Conditions

Cytobi is suitable for fine, sensitive or inflamed skins of any age, for various types of inflammations such as acne, rosacea, psoriasis, erythema and for all kinds of skin conditions that are difficult to resolve.

Excellent regenerating cream to prevent and to slow down the ageing process due to its anti-inflammatory properties.

Home Use

Evening

Cytobi is to be used in very small quantities.

It can be used over Synchro or alone.

Cytobi can be applied just to areas in need or all over the face, neck and eye area and on the body.

Veinulo Special Plus *Capillary Concentrate* Retail 20 mL - Salon 40 mL

Actions

Veinulo Special Plus restructures the capillary walls thanks to its decongesting, revitalizing and regenerating properties.

It also boosts cellular respiration by contributing to the transport of oxygen, which has a positive effect on the blood circulation.

Key Ingredients

Vitamin B3 or PP nicotinic acid.

Boosts cellular respiration by contributing to the transport of oxygen, which results in a positive effect on blood circulation disorders. It is an excellent cellular stimulator that relieves capillary fragility.

Vitamin E alpha tocopherol.

Anti-oxidant.

Maintains the structural integrity of the intra-cellular elements and relieves capillary fragility.

Biofiltrate of lactobacillus Casei containing l-lactic acid and small peptide fragments.

Moisturizes the epidermal layers and reinforces the dermal barrier.

Filtrate rich in cellular growth factor with cellular stimulation properties.

Increases mitochondrial metabolism, stimulates cellular oxygen intake, reduces the effects of ageing and restructures the capillary walls.

An expertly balanced blend of 8 essential amino acids.

Optimizes capillary health.

Salon Use

Step #4 of Skin Care Treatment

Veinulo Special Plus is used on congested area and apparent capillaries.

Apply few sprays on problem areas and gently massage

Follow with the application of Vasco and Synchro.

Skin Conditions

Congestion, capillary fragility and couperose.

CONGESTED COUPEROSE SKIN

Home Use

Morning

Spray some Veinulo Special Plus onto areas affected by weak capillaries and couperose and gently pat it in.

Follow with the local application of Vasco and of Synchro everywhere.

Vasco Decongesting Cream *Retail 30 mL - Salon 150 mL*

Actions

Vasco allows a better vascularisation of the capillaries and strengthens their walls therefore increasing their elasticity. In the case of local congestion Vasco should only be used where needed.

Vasco vascularising properties accelerate the results of rejuvenation of dull, lifeless and ageing skins. In these cases Vasco should be used all over the face.

Key Ingredients

Phytostimulines from camomile, St. John's wort, coltsfoot, sage and althea.

Allow a better vascularisation of the capillaries.
Decongesting, soothing, anti-inflammatory, healing and antiseptic.

*One biological compound with glycine and vitamin B3 or PP or nicotinic acid.
and vitamin E.*

Rejuvenates and strengthens capillary walls, which contributes to the increase of their elasticity.

Sweet almond oil rich in essential fatty acid.

Nourishes and softens the skin.

Skin Conditions

Vasco is used locally for congested or couperose skin.

Vasco can also be used all over the face in case of lifeless ageing skin to accelerate the results of rejuvenation.

Salon Use

Step #4 of Skin Care Treatment

Vasco should be used after the preliminary treatment.

Use a small amount locally on couperose or congested areas, or a large quantity on dull, lifeless skin.

Must be followed by Synchro regenerating cream.

Home Use

Morning

In the morning, apply a small amount to blotchiness or couperose and follow with Synchro regenerating cream.

Or, in case of lifeless ageing skin, apply all over the face and follow with other specific creams.

Capillaries Rejuvenating Treatment

Purpose

To calm, decongest, strengthen and nourish capillary walls thus reducing couperose.

Products

Glyco
Cleansing Milk

Fibro
Preparing Lotion

Eye Mask
Decongesting Mask

Synchro
Regenerating Cream

Immuno
Regenerating Mask

Veinulo Special Plus
Capillary Concentrate

Vasco
Decongesting Cream

Cytobi
Soothing Cream

Argini
Soothing Mask

Or Marine Essence
Seaweeds Mask & Ess Oils

Gauze

Polyester foil
Four small sheets

Symbiose
Protective Nutritive cream

Procedure: Prepare

STEP #1 - Clean and exfoliate

If necessary, remove eye make-up and lipstick with *Fibro*.
Apply *Glyco* all over face and neck by light strokes. Remove with soft tissues.

Two applications are advisable.

Finish the cleansing process using cotton pads damped with *Fibro*.

STEP #2 - Skip

STEP #3 - Select and apply a Preliminary Mask

Apply a moderate layer of *Eye Mask* to the eye contour area.

Apply a small quantity of *Synchro* on capillaries.

Then apply a teaspoon of *Immuno* all over the face and neck by light massage to enhance cellular rejuvenation.

Cover face and neck with polyester foil sheets. Leave for 10 minutes.

Rinse off lightly with lukewarm water.

Procedure: Care

STEP #4 - Treat skin conditions

Apply few sprays of *Veinulo Special Plus* on blotched areas and follow with a small quantity of *Vasco*.

STEP #5 - Nourish epidermis cells

Perform a gentle massage of the face, neck and eye area with *Synchro* for 10 to 15 minutes. Do not remove the cream.

STEP #6 - Add nutrition to epidermis cells

Apply a small quantity of *Cytobi* all over face, neck and eye contour area. Leave all creams. Do not rinse them off.

Procedure: Infuse

STEP #7 - Infuse nutritional molecules with a selected mask

Use *Argini* to soothe, apply it all over face and neck by light massage .
Or use *Marine~Essence Mask* to remineralize.

Refer to Marine-Essence Face Mask 2 page 6.

Cover mask with polyester sheets and leave for 15 minutes.

Rinse off completely with lukewarm water.

STEP #8 - Finishing Touch

Apply a small quantity of *Synchro* and *Symbiose*.

Home treatment:

Refer to the Gernétic Home Treatment File "Hydrate and Soothe"

See demonstration on
Gernétic DVD

Home Program

SKIN - Diffuse redness, congestion

Customer who show redness on the cheeks from congestion without apparent capillaries

Morning

Glyco *Cleansing Milk*
Fibro *Preparing Lotion*
Vasco *Decongesting Cream*
Synchro *Regenerating Cream*
Tropo Plus *Protecting Cream*

Evening

Glyco *Cleansing Milk*
Fibro *Preparing Lotion*
Synchro *Regenerating Cream or*
Cytobi *Regenerating Cream*

Weekly

Argini *Soothing Mask*

SKIN - Couperose

Customer who show redness on the cheeks with apparent capillaries

Morning

Glyco *Cleansing Milk*
Fibro *Preparing Lotion*
Veinulo Special Plus *Concentrate*
Vasco *Decongesting Cream*
Synchro *Regenerating Cream*
Symbiose *Protecting Cream*

Evening

Glyco *Cleansing Milk*
Fibro *Preparing Lotion*
Synchro *Regenerating Cream*
Cytobi *Regenerating Cream*

Weekly

Masks
Argini *Soothing Mask Or*
Immuno *Regenerating Mask with*
Synchro *Regenerating Cream*
to be mixed by 1/2 and 1/2

